

MENU 1

5th MAY.- 30th MAY.

FRESH VEGETABLE BAR

蔬菜色拉

LETTUCE, ONION, TOMATO, CORN, CUCUMBER, RED CABBAGE

生菜,洋葱, 番茄, 玉米粒, 黄瓜, 紫甘蓝

SALADS AND APPETIZERS

混合色拉和开胃菜

BEEF AND ASPARAGUS SALAD WITH BALSAMIC

牛肉芦笋沙拉配香醋汁

PASTA SALAD WITH HAM

火腿意面沙拉

BEANCURD SALAD WITH SHRIMP

虾仁拌豆腐

HOT DISHES

热菜

ROASTED BEEF WITH POTATO

烤牛柳配炒土豆

FRIED MUSHROOM WITH PORK AND XO SAUCE

XO 酱爆茶树菇猪颈肉

BAKED POTATO WITH CHEESE AND SPINACH

芝士菠菜焗土豆泥

FRIED CELERY WITH CHINESE SAUSAGE

腊味荷芹

FRIED VEGETABLE WITH BUTTER

黄油炒时蔬

SWEET AND SOUR PORK WITH PINEAPPLE

菠萝咕嚕肉

STEWED RICE WITH HAM

火腿烩饭

GRILLED PORK SAUSAGE PRAWN CRACKER

煎猪肉肠

虾片

DIM SUM

馒头

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 2

FRESH VEGETABLE BAR

蔬菜色拉

ICEBERG LETTUCE , CORN, CUCUMBER, TOMATO, ONION, GREEN PEPPER
玻璃生菜, 玉米粒, 黄瓜, 番茄, 洋葱, 青椒

SALADS AND APPETIZERS

混合色拉和开胃菜

GRAPEFRUIT AND SEAFOOD SALAD

蜜柚海鲜沙拉

KIMCHI

辣白菜

PORK AND CHICORY SALAD

肉丝苦苣

HOT DISHES

热菜

BEEF PIZZA

牛肉比萨

PIZZA MARGHERITA

玛格丽特比萨

PASTA WITH BEEF SAUCE

肉酱意面

GRILLED FISH WITH PESTRO

紫苏煎鲷鱼

STEWED MUSHROOM WITH TOMATO SAUCE

意式烩蘑菇

FRIED CUCUMBER WITH SQUID

青瓜炒鱿鱼

FRIED BEANCURD WITH RAPE

油菜烧豆腐

FRIED RICE WITH PINEAPPLE

菠萝炒饭

GRILLED PORK SAUSAGE DEEP-FRIED ONION RINGS

扒肠仔

炸洋葱圈

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 3

FRESH VEGETABLE BAR

蔬菜色拉

CHICORY, CHERRY TOMATOES, GREEN PEPPERS, ONION, CARROTS,
CUCUMBER

锯齿生菜, 樱桃番茄, 青椒, 洋葱, 胡萝卜, 黄瓜

SALADS AND APPETIZERS

混合色拉和开胃菜

PORK SAUSAGE AND ASPARAGUS SALAD

猪肉肠芦笋色拉

MUSHROOM SALAD

口蘑沙拉

MUSTARD WITH JELLYFISH

芥末海蜇丝

HOT DISHES

热菜

ROASTED BEEF

中式烤牛肉

FRIED POTATO WITH HAM AND ONION

火腿洋葱炒土豆

FRIED CARROT WITH MINT SAUCE

薄荷酱炒胡萝卜

FRIED BEAN WITH BACON

培根炒豆子

FRIED MUSHROOM WITH OYSTER SAUCE

蚝汁扒冬菇

BAKED PORK SPARE RIB WITH GARLIC

蒜蓉焗猪排

STEWED RICE WITH BACON

培根烩饭

ROASTED SQUID BALLS BOILED CORN

烤墨鱼丸

煮玉米

DIM SUM

花卷

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 4

FRESH VEGETABLE BAR

蔬菜色拉

ICEBERG LETTUCE , CORN, CUCUMBER, TOMATO, ONION, GREEN PEPPER
玻璃生菜, 玉米粒, 黄瓜, 番茄, 洋葱, 青椒

SALADS AND APPETIZERS

混合色拉和开胃菜

BEEF SALAD WITH TOMATO AND MINT

薄荷牛肉配番茄

KIMCHI

辣白菜

CUCUMBER AND CARROT SALAD WITH STARCH JELLY

五彩拉皮

HOT DISHES

热菜

FRIED BEEF WITH LEMONGRASS

香茅炒牛肉

FRIED FRENCH BEAN WITH SAMBAL SAUCE

桑巴酱炒豆角

FRIED YAM WITH CHINESE SAUSAGE

鲜淮山炒腊肠

FRIED KIMCHI AND PEA WITH SHRIMP

韩式泡菜青豆炒虾仁

FRIED MUSHROOM WITH HAM

火腿炒杏鲍菇

FRIED PORK SPARE RIB WITH GARLIC

蒜香骨

FRIED RICE WITH CASHEW

腰果炒饭

DEEP-FRIED SQUID CRISP MILK

炸鱿鱼圈

炸椰奶

DIM SUM

豆沙包

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 5

FRESH VEGETABLE BAR

蔬菜色拉

TOMATO, LETTUCE, ONION, CARROTS, CUCUMBER

番茄, 生菜, 洋葱, 胡萝卜, 黄瓜

SALADS AND APPETIZERS

混合色拉和开胃菜

BEEF AND LETTUCE SALAD

牛肉生菜沙拉

CUCUMBER AND SHRIMP SALAD

黄瓜拌虾仁

BEANCURD AND CRAB SALAD

蟹肉拌豆腐

HOT DISHES

热菜

COUNTRY SANDWICH/BEEF PITA SANDWICH

乡村三明治/牛肉三明治

FRENCH FRIES

薯条

BEEF SOUP WITH VEGETABLE

西湖牛肉羹

TOMATO SOUP

番茄汤

FRIED PRESERVED FRENCH BEAN WITH BEEF

肉末炒酸豆角

STEAMED BAK CHOY WITH PRESERVED GREENS

梅菜蒸菜心

ROASTED BEEF WITH SPICED SALT AND MUSTARD

芥末椒盐烤牛肉

2 KINDS OF JUICE

果汁

3 KINDS OF FRUIT

水果

星期一

肉段烧茄子

尖椒土豆片

烧豆角

家常凉菜

紫菜蛋花汤

星期二

鸡腿烧土豆

炒韭菜干豆腐

木须洋葱

拌菠菜

泰式酸辣汤

星期三

肉末豆腐

榨菜肉丝

地三鲜

炝拌苦苣

木须柿子汤

星期四

香辣肉丝

木耳角瓜炒鸡蛋

酸菜粉

腊肠拌黄豆芽

豆腐羹

MENU 6

FRESH VEGETABLE BAR

蔬菜色拉

LETTUCE, ONION, TOMATO, CORN, CUCUMBER, RED CABBAGE

生菜, 洋葱, 番茄, 玉米粒, 黄瓜, 紫甘蓝

SALADS AND APPETIZERS

混合色拉和开胃菜

COLESLAW

菜丝沙拉

POTATO AND SAUSAGE SALAD

德式香肠色拉配烤土豆

CHICORY SALAD WITH SUNDRIED TOMATO

苦苣沙拉配干番茄

HOT DISHES

热菜

STEWED LAMB WITH VEGETABLE SAUCE

香煎羊排番茄蔬菜汁

FRIED BEEF AND MUSHROOM

韩式辣酱金针菇炒肥牛

FRIED UDON WITH SEAFOOD

海鲜乌冬面

STEWED LENTIL WITH HAM

火腿烩扁豆

BOILED VEGETABLE

黄油煮时蔬

DEEP-FRIED FISH

炸鱼条

STEWED RICE WITH SHRIMP

虾仁烩饭

BOILED DUMPLING FRENCH FRIES

水饺

薯条

DIM SUM

馒头

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 7

FRESH VEGETABLE BAR

蔬菜色拉

ICEBERG LETTUCE,CORN,CUCUMBER,TOMATO,ONION,GREEN PEPPER
玻璃生菜,玉米粒,黄瓜,番茄,洋葱,青椒

SALAD AND APPETIZER

混合色拉和开胃菜

SEAFOOD SALAD WITH OLIVES

海鲜沙拉配橄榄

HAM SALAD

火腿沙拉

KIMCHI

辣白菜

HOT DISHES

热菜

FRIED PASTA WITH BEEF SAUCE

肉酱意面

FRIED PASTA WITH CAPSICUM AND GREENPEPPER

蔬菜炒意粉

FRIED INDIAN LETTUCES WITH GARLIC

蒜蓉油麦菜

BAKED ZUCCHINI WITH HAM

焗火腿角瓜

CURRY LAMB

咖喱羊肉

CORN AND CARROT SOUP

胡萝卜玉米浓汤

BEEF SOUP AND RADISH

牛肉萝卜粉丝汤

FRIED RICE WITH CHINESE SAUSAGE

腊肠炒饭

LAMB SHASHLIK DEEP-FRIED VEGETABLE

羊肉串

炸蔬菜

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 8

FRESH VEGETABLE BAR

蔬菜色拉

LETTUCE, ONION, TOMATO, CORN, CUCUMBER, RED CABBAGE
生菜, 洋葱, 番茄, 玉米粒, 黄瓜, 紫甘蓝

SALADS AND APPETIZERS

混合色拉和开胃菜

POTATO SALAD

土豆沙拉

TOMATO SALAD WITH CHEESE

番茄芝士盘

CHINESE SAUSAGE

中式香肠

HOT DISHES

热菜

FRIED LAMB WITH MINT AND CORIANDER

薄荷香菜炒羊肉

STEWED PORK WITH CARROT

红烧肉配胡萝卜

FRIED DRIED BEANCURD WITH GREEN PEPPER

尖椒干豆腐

FRIED VEGETABLE WITH BUTTER

黄油炒时蔬

STEWED PUMPKIN WITH BACON

腌肉烩南瓜

DEEP-FRIED PORK WITH SWEET AND SOUR SAUCE

炸猪排配酸甜汁

FRIED RICE WITH PORK RIB

排骨烩饭

DEEP-FRIED PORK CORN PAN CAKE

炸猪肉丸 煎玉米饼

DIM SUM

花卷

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 9

FRESH VEGETABLE BAR

蔬菜色拉

LETTUCE,CHERRY TOMATOES,CUCUMBER,BROCCOLI,ONION,RED
CABBAGE

生菜, 樱桃番茄, 黄瓜, 西兰花, 洋葱, 紫甘蓝

SALADS AND APPETIZERS

混合色拉和开胃菜

ZUCCHINI AND CORN SALAD

角瓜玉米粒沙拉

KIMCHI

辣白菜

RICE AND TUNA SALAD

吞拿鱼米饭沙拉

HOT DISHES

热菜

PORK SAUSAGE AND VEGETABLE LASAGNA

猪肉肠蔬菜千层面

STEWED FISH BALL AND MUSSEL

海鲜锅

BAKED POTATO WITH CHEESE

芝士焗带皮土豆

FRIED GARLIC SPROUT WITH PORK

肉炒蒜薹

STEWED SAUERKRAUT WITH PORK SPARE RIB

酸菜配猪排

DEEP-FRIED PORK

软炸里脊

FRIED RICE WITH GREEN PEPPER

青椒炒饭

BEEF SHASHLIK \DEEP-FRIED BANANA

烤牛肉串

炸香蕉

DIM SUM

豆沙包

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 10

FRESH VEGETABLE BAR

蔬菜色拉

TOMATO, LETTUCE, ONION, CARROTS, CUCUMBER CORN
番茄, 生菜, 洋葱, 胡萝卜, 黄瓜 玉米粒

SALADS AND APPETIZERS

混合色拉和开胃菜

SMOKED SALMON SALAD

烟熏三文鱼沙拉

INDIAN LETTUCES SALAD WITH SESAME DRESSING

芝麻酱拌油麦菜

CELERY SALAD WITH CASHEW

西芹腰果沙拉

HOT DISHES

热菜

HAM AND CHEESE SANDWICH /SMOKED BEEF SANDWICH

火腿芝士三明治/烟熏牛肉三明治

FRENCH FRIES

薯条

PUMPKIN SOUP

南瓜汤

ONION SOUP

洋葱汤

FRIED MUSHROOM WITH SMOKED PORK

烟熏五花肉炒杏鲍菇

STEWED CARROT AND ZUCCHINI WITH TOMATO SAUCE

胡萝卜烩角瓜

STEWED BEEF AND BEAN

牛肉烩焗豆

2 KINDS OF JUICE

果汁

3 KINDS OF FRUIT

水果

星期一

宫保鸡丁
香菇烧豆腐
白灼白菜
木耳拌凉瓜
西湖牛肉羹

星期二

干炸黄花鱼
木须洋葱
鸡蛋糕
拌菠菜
木须柿子

星期三

木须肉
肉丝炒茼蒿
黑白菜
洋葱干豆腐
羊肉粉丝汤

星期四

烧丸子
芹菜炒粉
地三鲜
胡萝卜拌芹菜
豆沙玉米羹

小吃

骨肉相连

虾片

鸡米花

炸椰奶

扒肠仔(自作)

煮玉米

炸鸡块

炸薯饼

炸牛柳条

煎玉米饼

炸墨鱼丸

烤苹果

羊肉串

炸香蕉

烤鸡翅

炸洋葱圈