

MENU 1

27th JAN.- 28th FEB.

FRESH VEGETABLE BAR

蔬菜色拉

LETTUCE, ONION, TOMATO, CORN, CUCUMBER, RED CABBAGE
生菜,洋葱, 番茄, 玉米粒, 黄瓜, 紫甘蓝

SALADS AND APPETIZERS

混合色拉和开胃菜

PAPAYA AND LETTUCE SALAD WITH BALSAMIC

木瓜生菜沙拉配香醋汁

CHICKEN AND LETTUCE SALAD

鸡肉生菜沙拉

SEAFOOD AND SHEET JELLY SALAD

海鲜拌拉皮

HOT DISHES

热菜

STEWED BEEF WITH VEGETABLE

牛肉烩蔬菜

FRIED POTATO WITH BUTTER

黄油炒土豆

STEWED SAUERKRAUT WITH SPARE RIB

子排烩酸菜

FRIED MUSHROOM WITH VEGETABLE

黑椒杏鲍菇炒蔬菜

FRIED BABY CABBAGE WITH GARLIC

蒜蓉娃娃菜

ROASTED CHICKEN

烤鸡翅

HAINANESE CHICKEN RICE

海南鸡饭

CHICKEN SHASHLIK PRAWN CRACKER

骨肉相连

虾片

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 2

FRESH VEGETABLE BAR

蔬菜色拉

ICEBERG LETTUCE , CORN, CUCUMBER, TOMATO, ONION, GREEN PEPPER
玻璃生菜, 玉米粒, 黄瓜, 番茄, 洋葱, 青椒

SALADS AND APPETIZERS

混合色拉和开胃菜

PINEAPPLE AND BACON SALAD

培根菠萝沙拉

KIMCHI

辣白菜

DUCK SALAD WITH LEMON

柠檬鸭胸沙拉

HOT DISHES

热菜

VEGETABLE PIZZA

蔬菜比萨

BACON PIZZA

培根比萨

PASTA WITH BEEF SAUCE

肉酱意面

ROASTED CHICKEN WITH PESTRO

烤鸡腿配紫苏酱

FRIED VEGETABLE WITH BUTTER

黄油炒时蔬

FRIED EDIBLE TREE FUNGUS WITH SPRING ONION

小葱炒木耳

FRIED BEAN WITH CHINESE SAUSAGE

腊味荷兰豆

FRIED RICE WITH LIGHT SOY SAUCE

酱油炒饭

GRILLED PORK SAUSAGE DEEP-FRIED ONION RINGS

扒肠仔

炸洋葱圈

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 3

FRESH VEGETABLE BAR

蔬菜色拉

CHICORY, CHERRY TOMATOES, GREEN PEPPERS, ONION, CARROTS,
CUCUMBER

锯齿生菜, 樱桃番茄, 青椒, 洋葱, 胡萝卜, 黄瓜

SALADS AND APPETIZERS

混合色拉和开胃菜

POTATO AND ASPARAGUS SALAD WITH CHICKEN

鸡肉土豆芦笋色拉

APPLE AND CHICORY SALAD WITH CHEESE

苹果苦苣沙拉配芝士

CUCUMBER AND BEAN CURD STICK SALAD WITH HAM

黄瓜腐竹拌火腿

HOT DISHES

热菜

GRILLED BEEF WITH LETTUCE

香煎牛肉片生菜

FRIED BAK CHOY WITH GARLIC

蒜蓉菜心

BAKED MACARONI WITH CHEESE AND TOMATO

番茄焗通心粉

FRIED FRENCH BEAN WITH BACON

培根炒豆角

STEWED PORK BALL WITH CHINESE CABBAGE AND FLAT VERMICELLI

丸子烩白菜粉

DEEP-FRIED CHICKEN

炸鸡柳

FRIED RICE WITH HAM AND EGG

火腿蛋炒饭

ROASTED SQUID BALLS BOILED CORN

烤墨鱼丸

煮玉米

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 4

FRESH VEGETABLE BAR

蔬菜色拉

ICEBERG LETTUCE , CORN, CUCUMBER, TOMATO, ONION, GREEN PEPPER
玻璃生菜, 玉米粒, 黄瓜, 番茄, 洋葱, 青椒

SALADS AND APPETIZERS

混合色拉和开胃菜

RED RADISH SALAD

拌萝卜沙拉

KIMCHI

辣白菜

CHICKEN SALAD PESTRO

紫苏鸡肉沙拉

HOT DISHES

热菜

FRIED FISH DICED WITH PEANUT

宫保鱼肉

BAKED MUSHROOM WITH HAM

火腿焗蘑菇

FRIED BEANCARD WITH GARLIC SPROUT

油豆腐炒蒜苗

FRIED CAULIFLOWER WITH BEEF

牛肉炒菜花

BAKED WEDGED POTATO

烤土豆角

GRILLED PORK WITH ONION SAUCE

煎猪排配洋葱汁

STEWED RICE WITH SEAFOOD

海鲜烩饭

DEEP-FRIED CHICKEN CRISP MILK

炸鸡块

炸椰奶

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 5

FRESH VEGETABLE BAR

蔬菜色拉

TOMATO, LETTUCE, ONION, CARROTS, CUCUMBER

番茄, 生菜, 洋葱, 胡萝卜, 黄瓜

SALADS AND APPETIZERS

混合色拉和开胃菜

CHICKEN AND SPINACH SALAD

烤鸡胸菠菜色拉

SMOKED DUCK AND BACON SALAD

鸭胸腌肉色拉

SEAWEED SALAD

炆拌海带丝

HOT DISHES

热菜

COUNTRY SANDWICH/CHICKEN PITA SANDWICH

乡村三明治/阿拉伯三明治

FRENCH FRIES

薯条

BEEF SOUP WITH VEGETABLE

西湖牛肉羹

TOMATO SOUP

番茄汤

FRIED EGG WITH BEEF SAUSAGE

牛肉肠炒鸡蛋

FRIED BROCCOLI WITH GARLIC

蒜茸西兰花

ROASTED CHICKEN WITH APPLE SAUCE

烤鸡配苹果汁

2 KINDS OF JUICE

果汁

3 KINDS OF FRUIT

水果

星期一

肉段烧茄子

尖椒土豆片

烧豆角

家常凉菜

紫菜蛋花汤

星期二

鸡腿烧土豆

炒韭菜干豆腐

木须洋葱

拌菠菜

泰式酸辣汤

星期三

肉末豆腐

榨菜肉丝

地三鲜

炝拌苦苣

木须柿子汤

星期四

香辣肉丝

木耳角瓜炒鸡蛋

酸菜粉

腊肠拌黄豆芽

豆腐羹

MENU 6

FRESH VEGETABLE BAR

蔬菜色拉

LETTUCE, ONION, TOMATO, CORN, CUCUMBER, RED CABBAGE

生菜, 洋葱, 番茄, 玉米粒, 黄瓜, 紫甘蓝

SALADS AND APPETIZERS

混合色拉和开胃菜

POTATO SALAD

炆拌土豆丝

POTATO AND SAUSAGE SALAD

德式香肠色拉配烤土豆

SMOKED PORK WITH SUNDRIED TOMATO

烟熏猪柳配干番茄

HOT DISHES

热菜

BAKED PORK

焗猪梅肉

GRILLED VEGETABLE WITH PESTO

扒蔬菜配紫苏酱

STEWED POTATO WITH BACON

腌肉炆土豆

FRIED CORN WITH PINE NUT

松仁玉米

FRIED CELERY WITH SHRIMP

虾仁炒西芹

DEEP-FRIED BEEF

炸牛肉条

FRIED RICE WITH MUSHROOM AND BACON

蘑菇培根炒饭

BOILED DUMPLING FRENCH FRIES

水饺

薯条

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 7

FRESH VEGETABLE BAR

蔬菜色拉

ICEBERG LETTUCE,CORN,CUCUMBER,TOMATO,ONION,GREEN PEPPER
玻璃生菜,玉米粒,黄瓜,番茄,洋葱,青椒

SALAD AND APPETIZER

混合色拉和开胃菜

CHICKEN SALAD WITH OLIVES

鸡肉沙拉配橄榄

SPINACH SALAD WITH BACON

培根菠菜沙拉

KIMCHI

辣白菜

HOT DISHES

热菜

FRIED PASTA WITH TOMATO SAUCE

茄汁意面

FRIED PASTA AND BEEF WITH BLACK PEPPER SAUCE

黑椒牛柳炒意粉

FRIED ZUCCHINI WITH EGG

木须角瓜

ROASTED DUCK

烤鸭胸

GRILLED MUSHROOM WITH GARLIC

蒜香杏鲍菇

CORN SOUP WITH CREAM

奶油玉米浓汤

LAMB RADISH SOUP

羊肉萝卜粉丝汤

STEWED RICE WITH CHICKEN

鸡肉烩饭

LAMB SHASHLIK DEEP-FRIED VEGETABLE

羊肉串

炸蔬菜

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 8

FRESH VEGETABLE BAR

蔬菜色拉

LETTUCE, ONION, TOMATO, CORN, CUCUMBER, RED CABBAGE
生菜,洋葱,番茄,玉米粒,黄瓜,紫甘蓝

SALADS AND APPETIZERS

混合色拉和开胃菜

BEEF AND TOMATO SALAD WITH CHEESE
牛肉番茄沙拉配芝士
SPINACH AND MUSHROOM SALAD
金针菇拌菠菜
BANANA SALAD WITH YOGURT DRESSING
香蕉酸奶沙拉

HOT DISHES

热菜

FRIED LAMB WITH ZUCCHINI
烤羊肉炒角瓜

BAKED BEAN WITH CHEESE
芝士焗豆子

FRIED HONEYBEAN WITH BACON
腌肉炒蜜豆

BOILED CORN
煮玉米

FRIED ASPARAGUS WITH PORK
五花肉炒芦笋

GRILLED FISH
煎鱼排

FRIED RICE WITH BEEF AND GREENPEPPER
青椒牛肉炒饭

DEEP-FRIED CHICKEN WINGS CORN PAN CAKE
炸鸡翅 煎玉米饼

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 9

FRESH VEGETABLE BAR

蔬菜色拉

LETTUCE, CHERRY TOMATOES, CUCUMBER, BROCCOLI, ONION, RED
CABBAGE

生菜, 樱桃番茄, 黄瓜, 西兰花, 洋葱, 紫甘蓝

SALADS AND APPETIZERS

混合色拉和开胃菜

PINEAPPLE SALAD WITH CHICKEN

菠萝鸡肉沙拉

KIMCHI

辣白菜

LENTIL AND TUNA SALAD

扁豆吞拿鱼沙拉

HOT DISHES

热菜

GRILLED LAMB WITH BLACK PEPPER SAUCE

煎羊排配黑椒汁

FRIED EGG WITH CUCUMBER

木须瓜片

FRIED UDON WITH VEGETABLE

蔬菜炒乌冬面

FRIED ZUCCHINI WITH SHRIMP

虾仁炒角瓜

VEGETABLE CURRY

咖喱蔬菜

FRIED PORK RIB WITH PINE NUT

松仁排骨

FRIED RICE WITH HAM AND VEGETABLE

火腿蔬菜炒饭

CHICKEN SHASHLIK \ DEEP-FRIED BANANA

烤鸡肉串

炸香蕉

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 10

FRESH VEGETABLE BAR

蔬菜色拉

TOMATO, LETTUCE, ONION, CARROTS, CUCUMBER
番茄, 生菜, 洋葱, 胡萝卜, 黄瓜

SALADS AND APPETIZERS

混合色拉和开胃菜

ASPARAGUS LETTUCE AND SALAD WITH SHRIMP
青笋虾仁沙拉

BEEF SALAD WITH LEMON
柠檬牛肉沙拉

BANANA SALAD WITH YOGURT DRESSING
香蕉酸奶沙拉

HOT DISHES

热菜

HAM AND CHEESE SANDWICH /SMOKED CHICKEN SANDWICH
火腿芝士三明治/烟熏鸡胸三明治

FRENCH FRIES
薯条

PUMPKIN SOUP
南瓜汤

ONION SOUP
洋葱汤

FRIED BAK CHOY WITH GARLIC
蒜蓉菜心

FRIED BEANCARD WITH BEEF
什锦豆腐

BEEF CURRY
咖喱牛肉

2 KINDS OF JUICE

果汁

3 KINDS OF FRUIT

水果

星期一

宫保鸡丁
香菇烧豆腐
白灼白菜
木耳拌凉瓜
西湖牛肉羹

星期二

干炸黄花鱼
木须洋葱
鸡蛋糕
拌菠菜
木须柿子

星期三

木须肉
肉丝炒茼蒿
黑白菜
洋葱干豆腐
羊肉粉丝汤

星期四

烧丸子
芹菜炒粉
地三鲜
胡萝卜拌芹菜
豆沙玉米羹

小吃

骨肉相连

虾片

鸡米花

炸椰奶

扒肠仔(自作)

煮玉米

炸鸡块

炸薯饼

炸牛柳条

煎玉米饼

炸墨鱼丸

烤苹果

羊肉串

炸香蕉

烤鸡翅

炸洋葱圈