

MENU 1

24th FEB.- 21th MAR.

FRESH VEGETABLE BAR

蔬菜色拉

LETTUCE, ONION, TOMATO, CORN, CUCUMBER, RED CABBAGE
生菜, 洋葱, 番茄, 玉米粒, 黄瓜, 紫甘蓝

SALADS AND APPETIZERS

混合色拉和开胃菜

CUCUMBER AND APPLE SAUCE

青瓜苹果沙拉

BAKED BEEF WITH MUSHROOM

烤牛柳配蘑菇

POTATO AND LETTUCE SALAD

炸土豆片生菜沙拉

HOT DISHES

热菜

ROASTED CHICKEN

照烧鸡腿

MASHED POTATO WITH CHEESE AND BEEF SAUCE

奶酪焗肉酱土豆泥

FRIED BAK CHOY WITH GARLIC

蒜蓉菜心

STEWED SLICED LAMB WITH LEEK

葱烩羊肉

FRIED MUSHROOM WITH PARSLEY SAUCE

炒蘑菇配法香汁

ROASTED PORK WITH SWEET SAUCE

蜜汁烤排骨

STEWED RICE WITH SEAFOOD

海鲜烩饭

CHICKEN SHASHLIK PRAWN CRACKER

骨肉相连

虾片

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 2

FRESH VEGETABLE BAR

蔬菜色拉

ICEBERG LETTUCE , CORN, CUCUMBER, TOMATO, ONION, GREEN PEPPER
玻璃生菜, 玉米粒, 黄瓜, 番茄, 洋葱, 青椒

SALADS AND APPETIZERS

混合色拉和开胃菜

THAI BEEF SALAD

泰国牛肉粉丝沙拉

KIMCHI

辣白菜

CHICORY SALAD

凉拌苦苣

HOT DISHES

热菜

MUSHROOM PIZZA

蘑菇比萨

BEEF PIZZA

牛肉比萨

PASTA WITH BEEF SAUCE

肉酱意面

STEWED BEEF WITH POTATO

牛肉烧土豆

FRIED CARROT WITH MINT SAUCE

薄荷酱炒胡萝卜

STEWED BEAN CURD

烧豆腐

FRIED ZUCCHINI WITH PORK SAUSAGE

猪肉肠炒角瓜

FRIED RICE WITH VEGETABLE

蔬菜炒饭

GRILLED PORK SAUSAGE DEEP-FRIED ONION RINGS

扒肠仔

炸洋葱圈

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 4

FRESH VEGETABLE BAR

蔬菜色拉

ICEBERG LETTUCE , CORN, CUCUMBER, TOMATO, ONION, GREEN PEPPER
玻璃生菜, 玉米粒, 黄瓜, 番茄, 洋葱, 青椒

SALADS AND APPETIZERS

混合色拉和开胃菜

CHICKEN AND ICEBERG LETTUCE SALAD

鸡肉生菜沙拉

KIMCHI

辣白菜

TUNA SALAD

金枪鱼沙拉

HOT DISHES

热菜

CHICKEN CURRY WITH SWEET POTATO

咖喱红薯小鸡块

STEWED VEGETABLE WITH CREAM SAUCE

奶油烩蘑菇蔬菜

FRIED INDIAN LETTUCE WITH GARLIC

蒜蓉油麦菜

FRIED DRIED BEANCURD WITH GREEN PEPPER

青椒干豆腐

GRILLED BEEF WITH BLACK PEPPER SAUCE

煎西冷牛排配黑椒汁

ROASTED BEEF SHASHLIK

烤牛肉串

FRIED RICE WITH HAM AND VEGETABLE

扬州炒饭

DEEP-FRIED CHICKEN CRISP MILK

炸鸡块

炸椰奶

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 5

FRESH VEGETABLE BAR

蔬菜色拉

TOMATO, LETTUCE, ONION, CARROTS, CUCUMBER
番茄, 生菜, 洋葱, 胡萝卜, 黄瓜

SALADS AND APPETIZERS

混合色拉和开胃菜

PASTA SALAD

意面沙拉

MIXED MUSHROOM SALAD

蘑菇色拉

ROAST CHICKEN AND LETTUCE SALAD

鸡肉生菜色拉

HOT DISHES

热菜

COUNTRY SANDWICH/CHICKEN PITA SANDWICH

乡村三明治/阿拉伯三明治

FRENCH FRIES

薯条

BEEF SOUP WITH VEGETABLE

西湖牛肉羹

TOMATO SOUP

番茄汤

FRIED EGG WITH BEEF SAUSAGE

牛肉肠炒鸡蛋

FRIED BROCCOLI WITH GARLIC

蒜茸西兰花

ROASTED CHICKEN

中式烤鸡腿

2 KINDS OF JUICE

果汁

3 KINDS OF FRUIT

水果

星期一
肉段烧茄子
尖椒土豆片
烧豆角
家常凉菜
紫菜蛋花汤

星期二
鸡腿烧土豆
炒韭菜干豆腐
木须洋葱
拌菠菜
泰式酸辣汤

星期三
肉末豆腐
榨菜肉丝
地三鲜
炝拌苦苣
木须柿子汤

星期四
香辣肉丝
木耳角瓜炒鸡蛋
酸菜粉
腊肠拌黄豆芽
豆腐羹

MENU 6

FRESH VEGETABLE BAR

蔬菜色拉

LETTUCE,ONION,TOMATO,CORN,CUCUMBER,RED CABBAGE
生菜, 洋葱, 番茄, 玉米粒, 黄瓜, 紫甘蓝

SALADS AND APPETIZERS

混合色拉和开胃菜

CHICKEN SALAD WITH PESTO

烤鸡肉沙拉配紫苏酱

CORN AND VEGETABLE SALAD

玉米粒蔬菜沙拉

ASPARAGUS SALAD WITH SHRIMP

芦笋虾仁沙拉

HOT DISHES

热菜

STEWED POTATO AND CORN WITH PORK RIB

土豆玉米炖排骨

FRIED BEAN CURD WITH BEAN SPROUT

豆芽炒豆腐干

FRIED BROCCOLI WITH GARLIC

蒜茸西兰花

STEWED PASTA WITH CREAM SAUCE

奶油意面

STEWED ZUCCHINI WITH PORK

猪肉肠烩角瓜

FRIED BEEF WITH BLACK PEPPER AND CELERY

西芹炒黑椒牛肉粒

GILLED CHICKEN

煎鸡腿

STEWED RICE WITH PORK AND VEGETABLE

猪肉青菜烩饭

BOILED DUMPLING FRENCH FRIES

水饺

薯条

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 7

FRESH VEGETABLE BAR

蔬菜色拉

ICEBERG LETTUCE, CORN, CUCUMBER, TOMATO, ONION, GREEN PEPPER

玻璃生菜, 玉米粒, 黄瓜, 番茄, 洋葱, 青椒

SALAD AND APPETIZER

混合色拉和开胃菜

DUCK BREAST WITH BALSAMIC DRESSING

烤鸭胸配锯齿生菜香脂醋汁

COUSCOUS WITH BACON SALAD

中东小米沙拉配腌肉

KIMCHI

辣白菜

HOT DISHES

热菜

FRIED PASTA WITH TOMATO SAUCE

茄汁意面

FRIED PASTA AND BEEF WITH BLACK PEPPER SAUCE

黑椒牛柳炒意粉

FRIED CABBAGE WITH TOMATO

柿子炒包菜

DEEP-FRIED PORK WITH NUT

果仁猪排

FRIED CABBAGE WITH SHRIMP

虾仁炒娃娃菜

CORN SOUP WITH CREAM

奶油玉米浓汤

LAMB RADISH SOUP

羊肉萝卜粉丝汤

FRIED RICE WITH SEAFOOD AND CURRY

咖喱海鲜炒饭

LAMB SHASHLIK DEEP-FRIED VEGETABLE

羊肉串

炸蔬菜

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 8

FRESH VEGETABLE BAR

蔬菜色拉

LETTUCE, ONION, TOMATO, CORN, CUCUMBER, RED CABBAGE

生菜,洋葱, 番茄, 玉米粒, 黄瓜, 紫甘蓝

SALADS AND APPETIZERS

混合色拉和开胃菜

EGGPLANT SALAD WITH BEEF

牛肉茄子沙拉

PINEAPPLE SALAD

烤菠萝沙拉

MUSHROOM AND CHICORY WITH HAM

蘑菇苦苣配火腿色拉

HOT DISHES

热菜

ROASTED DUCK WITH BARBECUE SAUCE

叉烧烤鸭胸

FRIED GNOCCHI WITH BACON

培根土豆饺

FRIED CAULIFLOWER WITH PORK

干煸五花肉菜花

FRIED BITTER MELON WITH HAM

火腿炒苦瓜

BAKED EGGPLANT WITH PESTO

芝士焗茄子配紫苏酱

GRILLED FISH WITH BLACK PEPPER

煎黑椒鱼片

FRIED RICE WITH EGG

蛋炒饭

DEEP-FRIED CHICKEN WINGS CORN PAN CAKE

炸鸡翅

煎玉米饼

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 9

FRESH VEGETABLE BAR

蔬菜色拉

LETTUCE,CHERRY TOMATOES,CUCUMBER,BROCCOLI,ONION,RED
CABBAGE

生菜, 樱桃番茄, 黄瓜, 西兰花, 洋葱, 紫甘蓝

SALADS AND APPETIZERS

混合色拉和开胃菜

SWEET AND SOUR PICKLE

酸甜泡菜

KIMCHI

辣白菜

BEEF AND VEGETABLE SALAD

牛肉蔬菜沙拉

HOT DISHES

热菜

STEWED CHICKEN WITH COLA SAUCE

可乐鸡腿

FRIED RICE NOODLES

星洲炒米粉

FRIED VEGETABLE WITH BUTTER

黄油时蔬

FRIED WINTER MELON WITH SHRIMP

虾仁烧冬瓜

FRIED MUSHROOM WITH PESTRO

紫苏酱炒蘑菇

DEEF-FRIED BEEF BALL

炸牛肉丸

FRIED RICE WITH HAM AND VEGETABLE

火腿蔬菜炒饭

CHICKEN SHASHLIK \DEEP-FRIED BANANA

烤鸡肉串 炸香蕉

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 10

FRESH VEGETABLE BAR

蔬菜色拉

TOMATO, LETTUCE, ONION, CARROTS, CUCUMBER
番茄, 生菜, 洋葱, 胡萝卜, 黄瓜

SALADS AND APPETIZERS

混合色拉和开胃菜

BAKED SEAWEED

烤紫菜

ICEBERG LETTUCE SALAD WITH SHRIMP

虾仁生菜沙拉

SPICY CUCUMBER SALAD

麻辣黄瓜

HOT DISHES

热菜

HAM AND CHEESE SANDWICH /SMOKED CHICKEN SANDWICH

火腿芝士三明治/烟熏鸡胸三明治

FRENCH FRIES

薯条

PUMPKIN SOUP

南瓜汤

ONION SOUP

洋葱汤

STEWED CHICKEN WITH PRUNE

鸡肉烩西梅

FRIED CUCUMBER AND EDIBLE TREE FUNGUS WITH PORK

黄瓜木耳炒肉片

VEGETABLE CURRY

咖喱蔬菜

2 KINDS OF JUICE

果汁

3 KINDS OF FRUIT

水果

星期一
宫保鸡丁
香菇烧豆腐
白灼白菜
木耳拌凉瓜
西湖牛肉羹

星期二
干炸黄花鱼
木须洋葱
鸡蛋糕
拌菠菜
木须柿子

星期三
木须肉
肉丝炒茼蒿
黑白菜
洋葱干豆腐
羊肉粉丝汤

星期四
烧丸子
芹菜炒粉
地三鲜
胡萝卜拌芹菜
豆沙玉米羹

小吃

骨肉相连

虾片

鸡米花

炸椰奶

扒肠仔(自作)

煮玉米

炸鸡块

炸薯饼

炸牛柳条

煎玉米饼

炸墨鱼丸

烤苹果

羊肉串

炸香蕉

烤鸡翅

炸洋葱圈