

# MENU 1

24<sup>th</sup> MAR.- 18<sup>th</sup> APR.

## FRESH VEGETABLE BAR

### 蔬菜色拉

LETTUCE, ONION, TOMATO, CORN, CUCUMBER, RED CABBAGE  
生菜,洋葱, 番茄, 玉米粒, 黄瓜, 紫甘蓝

## SALADS AND APPETIZERS

### 混合色拉和开胃菜

PAPAYA AND LETTUCE SALAD WITH BALSAMIC

木瓜生菜沙拉配香醋汁

BEEF AND LETTUCE SALAD

牛肉生菜沙拉

SEAFOOD AND SHEET JELLY SALAD

海鲜拌拉皮

## HOT DISHES

### 热菜

GRILLED LAMB WITH BLACK PEPPER SAUCE

煎羊排配黑椒汁

FRIED RICE CAKE WITH KIMCHI

辣白菜炒年糕

STEWED SAUERKRAUT WITH PORK SPARE RIB

子排烩酸菜

FRIED CARROT WITH MUSHROOM AND RAPE

胡萝卜炒油菜杏鲍菇

STEAMED BABY CABBAGE

蒸娃娃菜

STEWED PORK WITH POTATO

红烧肉烧土豆

STEWED RICE WITH BEEF

牛肉烩饭

GRILLED PORK SAUSAGE    PRAWN CRACKER

煎猪肉肠

虾片

## RICE

米饭

## 2 KINDS OF JUICE

果汁

## BREAD AND JAM

面包

## 3 KINDS OF FRUIT

水果

# MENU 2

## FRESH VEGETABLE BAR

### 蔬菜色拉

ICEBERG LETTUCE , CORN, CUCUMBER, TOMATO, ONION, GREEN PEPPER  
玻璃生菜，玉米粒，黄瓜，番茄，洋葱，青椒

## SALADS AND APPETIZERS

### 混合色拉和开胃菜

PINEAPPLE AND BACON SALAD

培根菠萝沙拉

KIMCHI

辣白菜

LETTUCE AND SEAFOOD SALAD WITH LEMON

柠檬海鲜生菜沙拉

## HOT DISHES

### 热菜

VEGETABLE PIZZA

蔬菜比萨

BACON PIZZA

培根比萨

PASTA WITH BEEF SAUCE

肉酱意面

STEAMED PORK WITH PRESERVED GREENS

梅菜扣肉

FRIED VEGETABLE WITH BUTTER

黄油炒时蔬

FRIED VEGETABLE WITH VERMICELLI

炒蔬菜配粉丝

FRIED BEAN WITH CHINESE SAUSAGE

腊味荷兰豆

FRIED RICE WITH LIGHT SOY SAUCE

酱油炒饭

GRILLED PORK SAUSAGE    DEEP-FRIED ONION RINGS

扒肠仔

炸洋葱圈

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

# MENU 3

## FRESH VEGETABLE BAR

### 蔬菜色拉

CHICORY, CHERRY TOMATOES, GREEN PEPPERS, ONION, CARROTS,  
CUCUMBER

锯齿生菜, 樱桃番茄, 青椒, 洋葱, 胡萝卜, 黄瓜

## SALADS AND APPETIZERS

### 混合色拉和开胃菜

POTATO AND ASPARAGUS SALAD

土豆芦笋色拉

APPLE AND CHICORY SALAD WITH CHEESE

苹果苦苣沙拉配芝士

CUCUMBER AND BEAN CURD STICK SALAD WITH HAM

黄瓜腐竹拌火腿

## HOT DISHES

### 热菜

ROASTED BEEF

韩式烤牛肉

FRIED BAK CHOY WITH GARLIC

蒜蓉菜心

BRAISED WINTER MELON WITH HAM

火腿烧冬瓜

FRIED BRUSSELS SPROUT WITH BACON

培根炒小包心菜

FRIED EGGPLANT WITH SOUR AND SWEET SAUCE

鱼香茄条

STEWED BEEF WITH POTATO

牛肉烧土豆

FRIED RICE WITH HAM

火腿炒饭

ROASTED SQUID BALLS    BOILED CORN

烤墨鱼丸

煮玉米

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

# MENU 4

## FRESH VEGETABLE BAR

### 蔬菜色拉

ICEBERG LETTUCE , CORN, CUCUMBER, TOMATO, ONION, GREEN PEPPER  
玻璃生菜, 玉米粒, 黄瓜, 番茄, 洋葱, 青椒

## SALADS AND APPETIZERS

### 混合色拉和开胃菜

RED RADISH SALAD

拌萝卜沙拉

KIMCHI

辣白菜

BEEF SALAD PESTRO

紫苏牛肉沙拉

## HOT DISHES

### 热菜

STEWED PORK WITH GREEN PEPPER

溜肉段

BAKED MUSHROOM WITH HAM

火腿焗蘑菇

STEAMED SEAFOOD AND BEANCARD WITH BLACK BEAN SAUCE

鼓汁蒸三鲜豆腐

FRIED CAULIFLOWER WITH BEEF

牛肉炒菜花

DEEP-FRIED WEDGED POTATO

炸土豆角

BARBECUED PORK

叉烧猪排

STEWED RICE WITH SEAFOOD

海鲜烩饭

DEEP-FRIED SQUID CRISP MILK

炸鱿鱼圈

炸椰奶

## RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

# MENU 5

## FRESH VEGETABLE BAR

### 蔬菜色拉

TOMATO, LETTUCE, ONION, CARROTS, CUCUMBER

番茄, 生菜, 洋葱, 胡萝卜, 黄瓜

## SALADS AND APPETIZERS

### 混合色拉和开胃菜

BEEF AND SPINACH SALAD

烤牛柳菠菜色拉

CAESAR SALAD

凯撒色拉

SEAWEED SALAD

炆拌海带丝

## HOT DISHES

### 热菜

COUNTRY SANDWICH/BEEF PITA SANDWICH

乡村三明治/牛肉三明治

FRENCH FRIES

薯条

BEEF SOUP WITH VEGETABLE

西湖牛肉羹

TOMATO SOUP

番茄汤

BAKED ZUCCHINI WITH SAUSAGE

焗角瓜德式香肠

STEAMED BROCCOLI WITH VERMICELLI

蒜茸粉丝西兰花

GRILLED BEEF

扒牛肉条

## 2 KINDS OF JUICE

### 果汁

## 3 KINDS OF FRUIT

### 水果

星期一

肉段烧茄子

尖椒土豆片

烧豆角

家常凉菜

紫菜蛋花汤

星期二

鸡腿烧土豆

炒韭菜干豆腐

木须洋葱

拌菠菜

泰式酸辣汤

星期三

肉末豆腐

榨菜肉丝

地三鲜

炝拌苦苣

木须柿子汤

星期四

香辣肉丝

木耳角瓜炒鸡蛋

酸菜粉

腊肠拌黄豆芽

豆腐羹

# MENU 6

## FRESH VEGETABLE BAR

### 蔬菜色拉

LETTUCE, ONION, TOMATO, CORN, CUCUMBER, RED CABBAGE

生菜, 洋葱, 番茄, 玉米粒, 黄瓜, 紫甘蓝

## SALADS AND APPETIZERS

### 混合色拉和开胃菜

POTATO SALAD

炆拌土豆丝

POTATO AND SAUSAGE SALAD

德式香肠色拉配烤土豆

SMOKED PORK WITH SUNDRIED TOMATO

烟熏猪柳配干番茄

## HOT DISHES

### 热菜

STEWED BEEF WITH POTATO

匈牙利烩牛肉

FRIED GREENPEPPER WITH PORK

青椒炒肉

FRIED POTATO AND ONION WITH BACON

腌肉洋葱炒土豆

STEWED LENTIL WITH CORN

烩扁豆玉米

STEWED EGGPLANT WITH PORK

肉丝扒茄子

DEEP-FRIED BEEF

炸牛肉条

FRIED RICE WITH MUSHROOM AND BACON

蘑菇培根炒饭

BOILED DUMPLING    FRENCH FRIES

水饺

薯条

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

# MENU 7

## FRESH VEGETABLE BAR

### 蔬菜色拉

ICEBERG LETTUCE,CORN,CUCUMBER,TOMATO,ONION,GREEN PEPPER  
玻璃生菜,玉米粒,黄瓜,番茄,洋葱,青椒

## SALAD AND APPETIZER

### 混合色拉和开胃菜

PORK SAUSAGE SALAD WITH OLIVES

猪肉肠沙拉配橄榄

SPINACH SALAD WITH BACON

培根菠菜沙拉

KIMCHI

辣白菜

## HOT DISHES

### 热菜

FRIED PASTA WITH TOMATO SAUCE

茄汁意面

FRIED PASTA AND BEEF WITH BLACK PEPPER SAUCE

黑椒牛柳炒意粉

GRILLED ZUCCHINI WITH TOMATO SAUCE

煎角瓜配茄汁

STEWED BEEF WITH TOMATO

牛肉炖柿子

FRIED MUSHROOM

干煸鲜蘑

CORN SOUP WITH CARROT

胡萝卜玉米浓汤

LAMB RADISH SOUP

羊肉萝卜粉丝汤

STEWED RICE WITH VEGETABLE

蔬菜烩饭

LAMB SHASHLIK      DEEP-FRIED VEGETABLE

羊肉串

炸蔬菜

## RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果



# MENU 8

## FRESH VEGETABLE BAR

### 蔬菜色拉

LETTUCE, ONION, TOMATO, CORN, CUCUMBER, RED CABBAGE  
生菜,洋葱,番茄,玉米粒,黄瓜,紫甘蓝

## SALADS AND APPETIZERS

### 混合色拉和开胃菜

BEEF AND TOMATO SALAD WITH CHEESE  
牛肉番茄沙拉配芝士

SPINACH AND MUSHROOM SALAD  
金针菇拌菠菜

BANANA SALAD WITH YOGURT DRESSING  
香蕉酸奶沙拉

## HOT DISHES

### 热菜

FRIED LAMB WITH VEGETABLE  
炒羊肉配蔬菜

STEWED PORK WITH BEAN  
红烧肉配豆子

FRIED MUSHROOM WITH VEGETABLE  
黑椒蘑菇炒蔬菜

FRIED HONEYBEAN WITH BACON  
腌肉炒蜜豆

ROASTED CORN WITH BUTTER  
烤玉米配黄油

### GRILLED FISH

### 煎鱼排

FRIED RICE WITH BEEF AND GREENPEPPER  
青椒牛肉炒饭

### DEEP-FRIED PORK CORN PAN CAKE

炸猪肉丸 煎玉米饼

## RICE

### 米饭

## 2 KINDS OF JUICE

### 果汁

## BREAD AND JAM

### 面包

## 3 KINDS OF FRUIT

### 水果

# MENU 9

## FRESH VEGETABLE BAR

### 蔬菜色拉

LETTUCE,CHERRY TOMATOES,CUCUMBER,BROCCOLI,ONION,RED  
CABBAGE

生菜，樱桃番茄，黄瓜，西兰花，洋葱，紫甘蓝

## SALADS AND APPETIZERS

### 混合色拉和开胃菜

JELLY FUNGUS AND ONION SALAD

洋葱拌木耳

KIMCHI

辣白菜

LENTIL AND TUNA SALAD

扁豆吞拿鱼沙拉

### HOT DISHES

#### 热菜

BOILED PRAWN

盐水大虾

FRIED POTATO AND KIMCHI WITH PORK

五花肉辣白菜土豆片

FRIED BEEF WITH VEGETABLE

牛肉炒蔬菜

FRIED ZUCCHINI WITH SHRIMP

虾仁炒角瓜

VEGETABLE CURRY

咖喱蔬菜

SWEET AND SOUR PORK

锅包肉

FRIED RICE WITH HAM AND VEGETABLE

火腿蔬菜炒饭

BEEF SHASHLIK \DEEP-FRIED BANANA

烤牛肉串

炸香蕉

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

# MENU 10

## FRESH VEGETABLE BAR

### 蔬菜色拉

TOMATO, LETTUCE, ONION, CARROTS, CUCUMBER  
番茄, 生菜, 洋葱, 胡萝卜, 黄瓜

## SALADS AND APPETIZERS

### 混合色拉和开胃菜

ASPARAGUS LETTUCE AND SALAD WITH SHRIMP  
青笋虾仁沙拉

BEEF SALAD WITH LEMON  
柠檬牛肉沙拉

BANANA SALAD WITH YOGURT DRESSING  
香蕉酸奶沙拉

## HOT DISHES

### 热菜

HAM AND CHEESE SANDWICH /SMOKED BEEF SANDWICH  
火腿芝士三明治/烟熏牛肉三明治

FRENCH FRIES  
薯条

PUMPKIN SOUP  
南瓜汤

ONION SOUP  
洋葱汤

FRIED SOYBEAN WITH KALE BORECOLE  
橄榄菜炒黄豆

STEWED BEANCARD WITH BEANPASTE  
酱豆腐

BEEF CURRY  
咖喱牛肉

## 2 KINDS OF JUICE

### 果汁

## 3 KINDS OF FRUIT

### 水果

星期一

宫保鸡丁  
香菇烧豆腐  
白灼白菜  
木耳拌凉瓜  
西湖牛肉羹

星期二

干炸黄花鱼  
木须洋葱  
鸡蛋糕  
拌菠菜  
木须柿子

星期三

木须肉  
肉丝炒茼蒿  
黑白菜  
洋葱干豆腐  
羊肉粉丝汤

星期四

烧丸子  
芹菜炒粉  
地三鲜  
胡萝卜拌芹菜  
豆沙玉米羹

## 小吃

骨肉相连

虾片

鸡米花

炸椰奶

扒肠仔(自作)

煮玉米

炸鸡块

炸薯饼

炸牛柳条

煎玉米饼

炸墨鱼丸

烤苹果

羊肉串

炸香蕉

烤鸡翅

炸洋葱圈