

# MENU 1

14<sup>TH</sup> MAY- 8<sup>TH</sup> JUN

## FRESH VEGETABLE BAR

### 蔬菜色拉

LETTUCE, ONION, TOMATO, CORN, CUCUMBER, RED CABBAGE  
生菜,洋葱, 番茄, 玉米粒, 黄瓜, 紫甘蓝

## SALADS AND APPETIZERS

### 混合色拉和开胃菜

CHINESE BROCCOLI SALAD

芥兰沙拉

ORANGE AND CHICKEN SALAD WITH WALNUT

烤鸡肉橙子核桃沙拉

PORK AND CHINESE CABBAGE SALAD

白菜拌肉丝

## HOT DISHES

### 热菜

BEEF CURRY

咖喱牛肉

BOILED ZUCCHINI

盐水煮角瓜

CHICKEN TORTILLA WITH MUSHROOM

蘑菇鸡肉芝士墨西哥饼

FRIED TOMATO WITH EGG

木须柿子

FRIED EGGPLANT WITH BEEF

牛肉茄条

ROASTED BANANA WITH BACON

培根香蕉卷

## RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

# MENU 2

## FRESH VEGETABLE BAR

### 蔬菜色拉

ICEBERG LETTUCE , CORN, CUCUMBER, TOMATO, ONION, GREEN PEPPER  
玻璃生菜, 玉米粒, 黄瓜, 番茄, 洋葱, 青椒

## SALADS AND APPETIZERS

### 混合色拉和开胃菜

COUSCOUS WITH VEGETABLE AND MINT

中东小米蔬菜沙拉

KIMCHI

辣白菜

SPINACH SALAD WITH SQUID

菠菜拌鱿鱼

## HOT DISHES

### 热菜

SEAFOOD PIZZA

海鲜比萨

MUSHROOM PIZZA

蘑菇比萨

BACON PIZZA

培根比萨

PASTA WITH BEEF SAUCE

肉酱意面

FRIED RAPE WITH MUSHROOM

香菇扒油菜

BOILED CARROT

水煮胡萝卜

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

# MENU 3

## FRESH VEGETABLE BAR

### 蔬菜色拉

CHICORY, CHERRY TOMATOES, GREEN PEPPERS, ONION, CARROTS,  
CUCUMBER

锯齿生菜, 樱桃番茄, 青椒, 洋葱, 胡萝卜, 黄瓜

## SALADS AND APPETIZERS

### 混合色拉和开胃菜

KIDNEY SALAD

红腰豆沙拉

MUSSEL AND ICEBERG LETTUCE SALAD WITH LEMON

青口柠檬西生菜沙拉

MANGO AND PAPAYA SALAD WITH YOGURT

芒果木瓜沙拉配酸奶

## HOT DISHES

### 热菜

GRILLED CHICKEN WITH ZUCCHINI

煎黑椒鸡扒配角瓜片

BOLIED BROCCOLI

煮西兰花

MASHED PUMPKIN WITH RAISIN AND CHEESE

芝士葡萄干焗南瓜

FRIED PASTA WITH BEEF AND CHERRY TOMATO

炒意面配烤牛肉樱桃番茄

FRIED SWEET BEAN WITH YOUNG CORN

玉米笋炒甜豆

PORK GOLDEN BLEU

蓝带猪排

## RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

# MENU 4

## FRESH VEGETABLE BAR

### 蔬菜色拉

ICEBERG LETTUCE , CORN, CUCUMBER, TOMATO, ONION, GREEN PEPPER  
玻璃生菜, 玉米粒, 黄瓜, 番茄, 洋葱, 青椒

## SALADS AND APPETIZERS

### 混合色拉和开胃菜

ROASTED BEEF WITH MUSHROOM SALAD

烤牛肉配扒蘑菇

KIMCHI

辣白菜

FISH AND CHICORY SALAD WITH LEMON

薄荷鱼条

## HOT DISHES

### 热菜

BRAISED BEEF WITH VEGETABLE

红烩牛肉

BOLIED MUSHROOM

煮香菇

STEWED SAUERKRAUT WITH PORK SAUSAGE

德国酸菜烩猪肉肠

SEAFOOD PASTA WITH CHEESE

焗海鲜意面

FRIED FRENCH BEAN WITH CUMIN

干煸孜然豆角

DEEP-FRIED CHICKEN WITH HONEY SAUCE

香酥炸鸡配蜂蜜

## RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

# MENU 5

## FRESH VEGETABLE BAR

### 蔬菜色拉

TOMATO, LETTUCE, ONION, CARROTS, CUCUMBER  
番茄, 生菜, 洋葱, 胡萝卜, 黄瓜

## SALADS AND APPETIZERS

### 混合色拉和开胃菜

ASPARAGUS AND SHRIMP SALAD

鲜虾芦笋沙拉

CHEESE AND TOMATO SALAD

番茄芝士盘

COLESLAW

菜丝沙拉

## HOT DISHES

### 热菜

HAM SANDWICH/CHICKEN PITA SANDWICH

火腿蛋三明治/阿拉伯三明治

FRENCH FRIES

薯条

CORN SOUP WITH CREAM

奶油玉米浓汤

BEANCARD SOUP WITH PAKCHOI

豆腐小白菜汤

BOLIED CELERY

煮西芹

2 KINDS OF JUICE

果汁

3 KINDS OF FRUIT

水果

星期一

鸡脖烧土豆  
蒜茸油麦菜  
木须柿子  
白菜拌肉丝  
紫菜蛋花汤

星期二

牛腩烧土豆  
炒韭菜干豆腐  
香菇扒油菜  
拌菠菜  
泰式酸辣汤

星期三

尖椒土豆片  
红烧鱼  
烧茄子  
炆拌苦苣  
木须柿子汤

星期四

烤鸡腿  
烧豆角  
酱豆腐  
腊肠拌黄豆芽  
豆腐羹

# MENU 6

## FRESH VEGETABLE BAR

### 蔬菜色拉

LETTUCE, ONION, TOMATO, CORN, CUCUMBER, RED CABBAGE  
生菜, 洋葱, 番茄, 玉米粒, 黄瓜, 紫甘蓝

## SALADS AND APPETIZERS

### 混合色拉和开胃菜

CORN AND VEGETABLE SALAD

玉米笋蔬菜沙拉

BEEF AND EGG SALAD

牛肉鸡蛋沙拉

EDIBLE TREE FUNGUS SALAD WITH SPRING ONION

小葱拌木耳

## HOT DISHES

### 热菜

ROASTED BEEF WITH PESTRO AND EGGPLANT

烤牛柳配紫苏酱和茄子

FRIED POTATO WITH BACON

腌肉土豆角

BOILED CAULIFLOWER

煮白菜花

STEAMED EGG WITH SEAFOOD

海鲜鸡蛋糕

FRIED GARLIC SPROUT WITH PORK

肉炒蒜薹

FRIED BEEF AND CELERY WITH BLACK PEPPER

黑椒牛柳炒西芹

## RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

# MENU 7

## FRESH VEGETABLE BAR

### 蔬菜色拉

ICEBERG LETTUCE,CORN,CUCUMBER,TOMATO,ONION,GREEN PEPPER  
玻璃生菜,玉米粒,黄瓜,番茄,洋葱,青椒

## SALAD AND APPETIZER

### 混合色拉和开胃菜

ICEBERG LETTUCE AND STRAWBERRY SALAD WITH CASHEW

腰果草莓生菜沙拉

MUSHROOM AND CUCUMBER SALAD

金针菇拌黄瓜

KIMCHI

辣白菜

## HOT DISHES

### 热菜

2 KINDS OF PASTA

两种意大利面

TOMATO SAUCE AND SMOKED SALMON SAUCE

番茄酱 奶油三文鱼酱

BOILED CUCUMBER

煮黄瓜

GRILLED PORK WITH HERB

香草煎猪排

MUSTARD POTATO SOUP

芥末土豆汤

FISH AND VEGETABLE SOUP

鱼丸蔬菜汤

## RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

# MENU 8

## FRESH VEGETABLE BAR

### 蔬菜色拉

LETTUCE, ONION, TOMATO, CORN, CUCUMBER, RED CABBAGE  
生菜,洋葱,番茄,玉米粒,黄瓜,紫甘蓝

## SALADS AND APPETIZERS

### 混合色拉和开胃菜

LOTUS ROOT SALAD

凉拌藕片沙拉

TARO AND TOMATO SALAD WITH BREAD

芋头面包番茄沙拉

ASPARAGUS LETTUCE AND SHRIMP SALAD

芦笋虾仁沙拉

## HOT DISHES

### 热菜

GRILLED LAMB WITH SUN-DRIED TOMATO

香草羊排配烤番茄

ROASTED POTATO WITH BACON AND CHEESE

腌肉奶酪烤土豆

STEWED VEGETABLE WITH CREAM SAUCE

奶油烩蔬菜

FRIED RICE VERMICELLI WITH SEAFOOD

海鲜炒米粉

FRIEG GARDEN CHRYSANTHEMUM WITH GARLIC

蒜蓉茼蒿

DEEP-FRIED BEEF BALL

炸牛肉丸

## RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

# MENU 9

## FRESH VEGETABLE BAR

### 蔬菜色拉

LETTUCE, CHERRY TOMATOES, CUCUMBER, BROCCOLI, ONION, RED  
CABBAGE

生菜, 樱桃番茄, 黄瓜, 西兰花, 洋葱, 紫甘蓝

## SALADS AND APPETIZERS

### 混合色拉和开胃菜

PINEAPPLE SALAD WITH CHEESE

菠萝奶酪沙拉

KIMCHI

辣白菜

HAM AND CELERY SALAD

火腿西芹沙拉

## HOT DISHES

### 热菜

ROASTED CHICKEN

奥尔良烤鸡腿

FRIED CARROT WITH ASPARAGUS

芦笋炒胡萝卜

STEWED BEEF WITH MUSHROOM

牛肉烩蘑菇

STEWED PASTA WITH TOMATO

番茄烩意面

FRIED INDIAN LETTUCE WITH GARLIC

蒜蓉油麦菜

ROASTED PORK WITH LETTUCE

烤猪颈肉

## RICE

米饭

## 2 KINDS OF JUICE

果汁

## BREAD AND JAM

面包

## 3 KINDS OF FRUIT

水果

# MENU 10

## FRESH VEGETABLE BAR

### 蔬菜色拉

TOMATO, LETTUCE, ONION, CARROTS, CUCUMBER  
番茄, 生菜, 洋葱, 胡萝卜, 黄瓜

## SALADS AND APPETIZERS

### 混合色拉和开胃菜

BROCCOLI AND SHRIMP SALAD

西兰花鲜虾沙拉

POTATO AND LETTUCE SALAD

烤土豆生菜沙拉

TOMATO AND PASTA SALAD

番茄意面沙拉

## HOT DISHES

### 热菜

HOT DOG

热狗

FRENCH FRIES

薯条

BEEF GOULASH SOUP

匈牙利牛肉汤

HOT AND SOUR SEFOOD SOUP

海鲜酸辣汤

FIRE MUSHROOM WITH HERB

香草黑椒炒蘑菇

2 KINDS OF JUICE

果汁

3 KINDS OF FRUIT

水果

星期一

宫保鸡丁  
香菇烧豆腐  
白灼白菜  
木耳拌凉瓜  
西湖牛肉羹

星期二

干炸黄花鱼  
木须洋葱  
鸡蛋糕  
拌菠菜  
木须柿子

星期三

木须肉  
肉丝炒茼蒿  
黑白菜  
洋葱干豆腐  
羊肉粉丝汤

星期四

烧丸子  
芹菜炒粉  
地三鲜  
胡萝卜拌芹菜  
豆沙玉米羹

## 小吃

骨肉相连

鸡米花

扒肠仔(自作)

炸鸡块

炸牛柳条

炸墨鱼丸

羊肉串

烤鸡翅

虾片

炸椰奶

煮玉米

炸薯饼

煎玉米饼

烤苹果

炸香蕉

炸洋葱圈