

MENU 1

16TH APR- 11TH MAY

FRESH VEGETABLE BAR

蔬菜色拉

LETTUCE, ONION, TOMATO, CORN, CUCUMBER, RED CABBAGE
生菜, 洋葱, 番茄, 玉米粒, 黄瓜, 紫甘蓝

SALADS AND APPETIZERS

混合色拉和开胃菜

SQUID AND ICEBERG LETTUCE SALAD

鱿鱼生菜沙拉

BAKED SEAWEED

烤紫菜

BEANSPROUT AND SPINACH SALAD

菠菜拌豆芽

HOT DISHES

热菜

ROASTED CHICKEN

照烧鸡腿

BOILED ZUCCHINI

盐水煮角瓜

MASHED POTATO WITH CHEESE AND BEEF SAUCE

奶酪焗土豆泥

FRIED BAK CHOY WITH BEEF

牛柳扒菜心

FRIED CABBAGE

火爆大头菜

FRIED PASTA WITH BEEF

黑椒牛柳炒意粉

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 2

FRESH VEGETABLE BAR

蔬菜色拉

ICEBERG LETTUCE , CORN, CUCUMBER, TOMATO, ONION, GREEN PEPPER
玻璃生菜, 玉米粒, 黄瓜, 番茄, 洋葱, 青椒

SALADS AND APPETIZERS

混合色拉和开胃菜

HAM AND BEAN SALAD

火腿豆子沙拉

KIMCHI

辣白菜

DRIED BEANCARD ROLL WITH PORK

干豆腐肉卷

HOT DISHES

热菜

BEEF PIZZA

牛肉比萨

FRUIT PIZZA

水果比萨

SAUSAGE PIZZA

香肠比萨

PASTA WITH BEEF SAUCE

肉酱意面

FRIED CELERY WITH SQUID

西芹鱿鱼

BOILED CARROT

水煮胡萝卜

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 3

FRESH VEGETABLE BAR

蔬菜色拉

CHICORY, CHERRY TOMATOES, GREEN PEPPERS, ONION, CARROTS,
CUCUMBER

锯齿生菜, 樱桃番茄, 青椒, 洋葱, 胡萝卜, 黄瓜

SALADS AND APPETIZERS

混合色拉和开胃菜

SALAMI SAUSAGE AND LETTUCE SALAD

萨拉米生菜沙拉

PICKLE SALAD

酸黄瓜沙拉

SMOKED SALMON SALAD

烟熏三文鱼沙拉

HOT DISHES

热菜

GRILLED LAMB CHOP

煎羊排

BOLIED BROCCOLI

煮西兰花

STEAMED EGGPLANT WITH SWEET PEPPER AND VERMICELLI

甜椒粉丝蒸茄子

FRIED CHICKEN WITH ONION

炒洋葱鸡

FRIED PAKCHOI WITH STRAW MUSHROOM

酱爆草菇小白菜

VEGETABLE SPRING ROLL WITH CHICKEN

鸡丝蔬菜春卷

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 4

FRESH VEGETABLE BAR

蔬菜色拉

ICEBERG LETTUCE , CORN, CUCUMBER, TOMATO, ONION, GREEN PEPPER

玻璃生菜, 玉米粒, 黄瓜, 番茄, 洋葱, 青椒

SALADS AND APPETIZERS

混合色拉和开胃菜

ASPARAGUS AND BEEF SALAD

芦笋牛肉沙拉

KIMCHI

辣白菜

SOYBEAN SPROUT SALAD WITH CHINESE SALAMI

腊肠拌黄豆芽

HOT DISHES

热菜

ROASTED DUCK WITH BARBECUE SAUCE

烤叉烧鸭胸

BOLIED MUSHROOM

煮香菇

STEWED POTATO WITH BACON

香草腌肉烩土豆

FRIED FISH WITH CAPSICUM AND GARLIC SPROUT

什锦炒鱼丁

FRIED UDON WITH BEEF

牛肉炒乌冬面

DEEP-FRIED CHICKEN WITH PINAPPLE

炸鸡柳菠萝串

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 5

SALADS AND APPETIZERS

混合色拉和开胃菜

BEETROOT SALAD

红菜头沙拉

KIWI AND SHRIMP SALAD

奇异果大虾沙拉

PEA SPROUTS SALAD

凉拌豌豆苗

HOT DISHES

热菜

HAMBURGER

汉堡

POTATO

薯条

SEAFOOD SOUP

奶油海鲜汤

LAMB AND WHITE GOURD SOUP WITH VERMICELLI

羊肉冬瓜粉丝汤

BOLIED CELERY

煮西芹

2 KINDS OF JUICE

果汁

3 KINDS OF FRUIT

水果

星期一

鸡块烧土豆
火爆大头菜
木须角瓜
凉拌绿豆芽
紫菜蛋花汤

星期二

鱼香肉丝
炒韭菜干豆腐
蒸茄子
拌大头菜
泰式酸辣汤

星期三

树椒白菜丝
溜肉段
烧茄子
炆拌苦苣
木须柿子汤

星期四

红烧肉炖粉条
尖椒土豆片
酱豆腐
腊肠拌黄豆芽
豆腐羹

MENU 6

FRESH VEGETABLE BAR

蔬菜色拉

LETTUCE, ONION, TOMATO, CORN, CUCUMBER, RED CABBAGE
生菜, 洋葱, 番茄, 玉米粒, 黄瓜, 紫甘蓝

SALADS AND APPETIZERS

混合色拉和开胃菜

BEEF AND CHICORY SALAD

烤牛肉锯齿生菜沙拉

TUNA SALAD

吞拿鱼沙拉

BITTER MELON AND EDIBLE TREE FUNGUS SALAD

木耳凉瓜沙拉

HOT DISHES

热菜

GRILLED BEEF

煎西冷牛排

STEWED GNOCCHI WITH TOMATO SAUCE

茄汁土豆饺

BOILED CAULIFLOWER

煮白菜花

FRIED ZUCCHINI WITH HAM

火腿炒角瓜

FRIED CABBAGE WITH PORK

猪柳炒包菜

DEEP-FRIED FISH

炸鱼条

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 7

FRESH VEGETABLE BAR

蔬菜色拉

ICEBERG LETTUCE,CORN,CUCUMBER,TOMATO,ONION,GREEN PEPPER
玻璃生菜,玉米粒,黄瓜,番茄,洋葱,青椒

SALAD AND APPETIZER

混合色拉和开胃菜

CABBAGE AND EGG SALAD

紫甘蓝鸡蛋沙拉

TUNA AND BITTER MELON SALAD

凉瓜吞拿鱼沙拉

KIMCHI

辣白菜

HOT DISHES

热菜

2 KINDS OF PASTA

两种意大利面

MUSHROOM SAUCE AND BACON SAUCE

蘑菇酱 腌肉酱

BOILED CUCUMBER

煮黄瓜

GRILLED FISH

煎鱼片

REDBEAN PASTE AND CORN SOUP

豆沙玉米羹

PUMPKIN SOUP

南瓜汤

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 8

FRESH VEGETABLE BAR

蔬菜色拉

CHICORY, CHERRY TOMATOES, GREEN
PEPPERS, ONION, CARROT, CUCUMBER
锯齿生菜, 樱桃番茄, 青椒, 洋葱, 胡萝卜, 黄瓜

SALADS AND APPETIZERS

混合色拉和开胃菜

PORK SALAD WITH LEMON

柠檬猪肉沙拉

SPINACH SALAD WITH EGG

菠菜鸡蛋沙拉

BEEF AND TOMATO SALAD

牛肉番茄沙拉

HOT DISHES

热菜

GRILLED CHICKEN ROLL WITH MUSHROOM

煎鸡肉蘑菇卷

BOILED CORN

煮玉米

FRIED SPAETZLE WITH BACON

培根炒面筋

GRILLED BEANCARD WITH SWEET AND SOUR SAUCE

煎豆腐

FRIED EGG WITH SHALLOT

毛葱炒鸡蛋

TARO AND BEEF ROLL

芋头牛肉卷

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 9

FRESH VEGETABLE BAR

蔬菜色拉

LETTUCE, CHERRY TOMATOES, CUCUMBER, BROCCOLI, ONION, RED
CABBAGE

生菜, 樱桃番茄, 黄瓜, 西兰花, 洋葱, 紫甘蓝

SALADS AND APPETIZERS

混合色拉和开胃菜

LENTIL SALAD WITH CHEESE

扁豆芝士沙拉

KIMCHI

辣白菜

SWEET PEPPER AND CELERY SALAD

甜椒拌西芹

HOT DISHES

热菜

STEWED CARROT WITH BEEF ROLL

牛肉丸烩胡萝卜

FRIED CUCUMBER WITH ROASTED TOMATO

烤樱桃番茄炒青瓜

GRILLED COCKTAIL SAUSAGE

煎鸡尾肠

BOILED BAK CHOY

白灼菜心

BRAISED RICE WITH SEAFOOD

海鲜烩饭

DEEP-FRIED PORK

软炸里脊

RICE

米饭

2 KINDS OF JUICE

果汁

BREAD AND JAM

面包

3 KINDS OF FRUIT

水果

MENU 10

SALADS AND APPETIZERS

混合色拉和开胃菜

CORN SHRIMP SALAD

玉米粒鲜虾沙拉

CARROT AND RED CABBAGE SALAD

胡萝卜紫甘蓝沙拉

MUSHROOM AND SPRING ONION SALAD

小葱拌香菇

HOT DISHES

热菜

HOT DOG

热狗

POTATO

薯条

TOMATO SOUP

番茄汤

CORN SOUP WITH EGG

蛋花玉米羹

FIRED CARROT WITH CELERY

炒西芹胡萝卜

2 KINDS OF JUICE

果汁

3 KINDS OF FRUIT

水果

星期一

宫保鸡丁
火腿烧冬瓜
清炒菜花
木耳拌凉瓜
西湖牛肉羹

星期二

刀鱼烧白菜
鸡蛋糕
麻辣豆腐
拌菠菜
木须柿子

星期三

肉段烧茄子
辣炒鲜蘑
酸菜粉
洋葱干豆腐
羊肉粉丝汤

星期四

水煮肉片
芹菜炒粉
烧豆角
胡萝卜拌芹菜
豆沙玉米羹

小吃

骨肉相连

虾片

鸡米花

炸椰奶

扒肠仔(自作)

煮玉米

炸鸡块

炸薯饼

炸牛柳条

煎玉米饼

炸墨鱼丸

烤苹果

羊肉串

炸香蕉

烤鸡翅

炸洋葱圈